



Fifty (or so) Great Things About ADD

By Bob Seay

Entertain your friends with witty one-liners and sharp come backs. · Insomnia makes for more time to stay up and surf the net! · The drive of **Hyper-focus**. Two words: Chat Addiction · Hyperactivity+Creativity+ a Compulsive Libido= **One Popular Guy on Dates** · Resilience · Can meet someone, fall deeply in love, marry, fight, hate and divorce all in about 35 minutes or less · Sparkling **personality**. Drop names like Edison, Einstein, Walt Disney and Beethoven in conversations · Can fixate on one object while the rest of the world goes right down the toilet · Can see all of your worldly possessions at one time.. because they are all over the floor · Tends to be very **generous** with money, time and resources. · flexible · **ENTHUSIASTIC** · **innovative**. A strong sense of what is **FAIR** · Willing to take a **Risk**. Alert · Eager · creative · provides original ideas · or isn't afraid to steal them. · Make far reaching **analogies** that no one else understands. Write them off as "**Deep Thoughts**" · Theoretical · Abstract Thinkers · Spontaneous · Always Hopeful · Keeps business meetings lively · The Mind of a Pentium - with only 2Mgs of RAM · Aesthetically oriented · Pleasantly and constantly surprised by finding clothing you had forgotten about. · Able to tie seemingly unrelated ideas together · **Funny**. Able to see **The Big Picture** while others stumble around in the dark. · Independent · Demands to know **WHY?** · Last of the **ROMANTICS** · Has a wide variety of interests · Good conversationalist · Qualify for **bulk rate mail** on tax returns because you have at least 24 W-2's attached. · At IQs of 160 and above, virtually all people have ADD symptoms · An innately better understanding of intuitive technologies such as computers · In class popularity contests, always voted "**Most Entertaining**" · "Most Energetic" · and "Most likely to Self Immolate" · Great **Improvisors** · Able to leap tall buildings in a single bound (*did you actually read that?*) · Honestly believes that **anything is possible** · Great at Extemporaneous Speaking · Quickly assimilates new information · Usually a little smarter than the average bear · Willing to "step out in faith" · Rarely satisfied with the status quo · **Empathetic**. Can easily replace missing childhood photos with panels from "Calvin & Hobbes" · Pleasantly and constantly surprised by finding money you had forgotten about. · Blows up, but then usually recovers quickly · An unstoppable **dynamo** of human energy · Doesn't know when to quit · **Intuitive** · Compassionate · **Persistent** · Spunky · Hidden **TALENT** · Closely attuned to the moods of those around them · Pleasantly and constantly surprised by finding spouses you had forgotten about. · ADD is especially common among artists, musicians, and other creative people · Can always be depended upon to provide a different perspective · **Visionary**. An Individualist · Many successful entrepreneurs exhibit ADD behaviors · A greater tolerance for **Chaos** · Provides job security for writers of Spell Check programs · Will fight for what they believe in · Excellent **motivators** of others · Highly organized, punctual and generally responsible (OK, so I lied) ·